



## Contents

Acknowledgments .....	ix	<b>Chapter 5 - Home Improvement:</b> ...	25
Congratulations! .....	1	<b>Green Home Design</b>	
<b>Chapter 1 - Carbon Busting</b> .....	3	The Law of Diminishing .....	25
<b>for Fun and Profit</b>		Returns	
<b>Chapter 2 - Conventions and</b> .....	7	Tunneling Through .....	26
<b>Assumptions</b>		the Cost Barrier	
Assumptions and Methodology .	8	Whole System Design .....	26
Correcting for Savings .....	8	<b>Chapter 6 - Green Transportation ..</b>	31
Interactions		Efficiency Comparisons .....	31
Conventions .....	9	Bicycling .....	31
Sources of Information .....	10	Public Transit .....	32
Interpreting Savings Figures ....	11	Cars .....	32
<b>Chapter 3 - For Busy People:</b> .....	15	<b>Chapter 7 - Electric Power</b> .....	53
<b>Top Recommendations at a</b>		Your Home's Power Bill .....	53
<b>Glance</b>		Lighting .....	55
From Carbon Miser to .....	15	Power Vampires .....	67
Carbon Buster		Refrigerators .....	70
<b>Chapter 4 - Your Family's</b> .....	19	Freezers .....	76
<b>Carbon Pie</b>		Dishwashers .....	78
Interpreting Home .....	19	Cooking .....	79
Consumption Graphs		Solar Ovens .....	82
Electricity: The Most .....	20	Clothes Washers .....	82
Expensive Form of Energy		Dryers .....	84
What's the Carbon Balance? ....	21	Computers and Home .....	84
How to Benefit from .....	22	Office Equipment	
Fuel Switching		Entertainment Electronics .....	94
Your Home's Carbon Pie .....	22	Green Power .....	95
How Much Does It Cost? .....	23	Renewable Energy Sources: .....	96
		Making your Own	
		Green Power	

viii | THE CARBON BUSTER’S HOME ENERGY HANDBOOK

<b>Chapter 8 - Green Heating</b> .....	107	<b>Appendix A:</b> .....	133
Solar Design .....	107	Top Carbon Buster Measures	
Weatherproofing .....	107	<b>Appendix B:</b> .....	135
Insulation .....	108	Highest CROI)	
Windows .....	109	<b>Appendix C:</b> .....	136
Energy-Efficient Landscaping..	111	Best Investments	
Your Furnace .....	111	<b>Appendix D:</b> .....	138
Fireplaces .....	112	Highest Dollar Savings	
Wood Stoves .....	113	<b>Appendix E:</b> .....	140
Geothermal.....	113	Complete Savings Results	
Domestic Hot Water .....	115	<b>Appendix F:</b> .....	144
<b>Chapter 9 - Cooling</b> .....	117	Typical Household Energy	
Green Coolth — Passive .....	117	Consumption	
Solar Design		<b>Appendix G:</b> .....	145
Cheap Cooling Strategies .....	117	Average Energy Prices	
Technological Solutions .....	118	<b>Appendix H:</b> .....	145
<b>Chapter 10 - Liquid Assets</b> .....	121	CO <sub>2</sub> Emission Factors	
Where Does All the Water Go?..	121	<b>Appendix I:</b> .....	146
Toilets.....	121	CO <sub>2</sub> Emissions from Electricity	
Showers .....	122	Production	
Baths .....	122	<b>Appendix J:</b> .....	147
Yard Water Usage .....	122	Energy Conversion Factors	
<b>Chapter 11 - Environmental</b> .....	123	<b>Appendix K:</b> .....	147
<b>Goods and Services</b>		Metric Conversions	
Sustainable Wood .....	123	<b>Appendix L:</b> .....	148
Food .....	123	How to Correct for Local Energy	
Recycled Products/Recycled ...	124	Prices	
Paper		<b>Appendix M:</b> .....	148
Organic Flowers.....	124	For More Information	
Protecting Nature at Home ....	125	<b>Glossary of Terms</b> .....	150
Green Mortgages.....	125	<b>Endnotes</b> .....	153
<b>Chapter 12 - Putting It</b> .....	127	<b>Index</b> .....	161
<b>All Together</b>		<b>About the Author</b> .....	171
Financial Cost and Gain.....	127		
Rising Energy Prices, Falling ..	128		
Efficiency Costs			
Environmental Gains .....	129		
The Kyoto Protocol .....	130		
Share Your Success Stories! .....	131		