About New Society Publishers

**NEW SOCIETY PUBLISHERS** is an activist, solutions-oriented publisher focused on publishing books for a world of change. Our books offer tips, tools, and insights from leading experts in sustainable building, homesteading, climate change, environment, conscientious commerce, renewable energy, and more — positive solutions for troubled times.

We’re proud to hold to the highest environmental and social standards of any publisher in North America. This is why some of our books might cost a little more. We think it’s worth it!

- We print all our books in North America, never overseas
- All our books are printed on **100% post-consumer recycled paper**, processed chlorine-free, with low-VOC vegetable-based inks (since 2002)
- Our corporate structure is an innovative employee shareholder agreement, so we’re one-third employee-owned (since 2015)
- We’re carbon-neutral (since 2006)
- We’re certified as a B Corporation (since 2016)

At New Society Publishers, we care deeply about **what** we publish — but also about **how** we do business.

**Contents**

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>FALL 2018 TITLES</td>
<td>3</td>
</tr>
<tr>
<td>SPRING 2018 TITLES</td>
<td>18</td>
</tr>
<tr>
<td>BACKLIST</td>
<td>21</td>
</tr>
<tr>
<td>NEW CATALYST BOOKS &amp; SUSTAINABILITY CLASSICS</td>
<td>28</td>
</tr>
<tr>
<td>ALPHABETICAL INDEX</td>
<td>29</td>
</tr>
<tr>
<td>ORDERING INFORMATION</td>
<td>31</td>
</tr>
</tbody>
</table>
The blueprint for an inspiring regenerative economy that avoids collapse and works for people and the planet

**A Finer Future**

*Creating an Economy in Service to Life*

L. HUNTER LOVINS, STEWART WALLIS, ANDERS WIJKMAN & JOHN FULLERTON

FOREWORD BY KATE RAWORTH

HUMANITY IS IN A RACE WITH CATASTROPHE. Is the future one of global warming, 65 million migrants fleeing failed states, soaring inequality, and grid-locked politics? Or one of empowered entrepreneurs and innovators building a world that works for everyone?

While the specter of collapse looms large, *A Finer Future* demonstrates that humanity has a chance – just – to thread the needle of sustainability and build a regenerative economy thorough a powerful combination of enlightened entrepreneurialism, technology, and innovative policy.

The authors – world leaders in business, economics, and sustainability – gather the evidence, outline the principles of a regenerative economy, and detail a policy roadmap to achieving it, including:

- Transforming finance and corporations
- Reimagining energy, agriculture, and the nature of how we work
- Enhancing human well-being
- Delivering a world that respects ecosystems and human community.

Charting the course to a regenerative economy is the most important work facing humanity and *A Finer Future* provides the essential blueprint for business leaders, entrepreneurs, environmentalists, politicians, policymakers, and others working to create a world that works for people and the planet.

L. HUNTER LOVINS is *Time Magazine* Millennium Hero for the Planet, President and Founder of Natural Capitalism Solutions, and co-author of *The Way Out* and the best-selling *Natural Capitalism*. STEWART WALLIS is former Executive Director of the New Economics Foundation, UK. ANDERS WIJKMAN is Co-Chair of the Club of Rome, a former EU parliamentarian, and co-author of *Bankrupting Nature* and *Come On!*. JOHN FULLERTON is President of Capital Institute and former Managing Director of JPMorgan.
Heal the great separation between humans and nature, and help create a future worth remembering

The Memory We Could Be

Overcoming Fear to Create Our Ecological Future

DANIEL MACMILLEN VOSKOBOYNIK

The Memory We Could Be moves beyond the sterile, technical language around climate change and ecology to humanize the abstraction of global warming and bring different voices into the conversation.

Drawing on sources from anthropology to hydrology, botany to economics, agronomy to astrobiology, medicine to oceanography, physics to history, the author weaves a lyrical and powerful story of our relationship with nature. The book has three parts:

- “Past” addresses memory. Our inability to comprehend our staggering present partly lies in our ignorance of our staggering past. We peer into the black box of history to understand how we got here. We go on a journey across the roots of our ecological crisis, from the Roman Empire to the forests of Burma, from Congolese rubber plantations, to Colombian oil fields.
- “Present” illustrates how climate change is shaping our world today, explores how it relates to poverties and inequalities, and equips readers with a set of intuitive instruments to understand climate impacts.
- “Future” looks at alternatives and strives to illustrate in human terms the world we could lose and the world we can win. It asks what we can do and develops a transformative vision of a more ecological and equitable economy.

The Memory We Could Be is vital reading for all of humanity.

DANIEL MACMILLEN VOSKOBOYNIK is a journalist and activist with writing in Pacific Standard, Open Democracy, and New Internationalist. He co-founded and is co-editor of www.worldat1C.org, a communications initiative designed to humanize the ecological crisis and clarify its causes.
Live your passion and purpose and change the world as an empowered elder

The Aging of Aquarius

Igniting Passion and Purpose as an Elder

HELEN WILKES

Your career has wound down, the kids have moved, and your schedule is clear...for the next 30 years.

In your youth, you cared about people and planet earth, and you had grand visions of changing the world. At some point, those passions and that sense of purpose got buried under diapers and the 9-5. Still, that old you remains alive. Now, with the rest of your life ahead, you can be the change and make this next stage of your life the most powerful yet.

But where to start?

Helen Wilkes, a retired professor and activist, takes readers on an inspiring journey to find renewed purpose in retirement. Along the way she helps readers navigate the transition to a post-work identity by fanning the embers of lost passions and developing new interests.

Whether you are drawn to gardening clubs, to social justice issues, political campaigning, ethical investing, or creativity through the arts, The Aging of Aquarius offers inspiration, practical steps, and extra resources to help reignite your passion, your sense of purpose, and to effect real change in the world as an empowered elder.

HELEN WILKES, PH.D. is an energized octogenarian who survived a lifetime of hardships ranging from fleeing Nazi Germany as a child to navigating personal and professional obstacles as an adult. She persevered and created a richly rewarding life. Retirement has been the icing on her cake, bringing inner transformation and freedom. Helen is author of the award-winning book Letters from the Lost. She lives in Vancouver, Canada.

Social Responsibility

6 x 9” / 160 Pages

US/Can $17.99

PB ISBN 9780865718944

Ebook ISBN 9781550926873

Available September
Achieve your back-to-the-land dreams without breaking the bank

**The Frugal Homesteader**

*Living the Good Life on Less*

**JOHN MOODY**

FOREWORD BY JOEL SALATIN

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BUILD YOUR HOMESTEADING DREAMS with all the affordable DIY innovations, tips, and stories you need to successfully launch you on a path to self-sufficiency. Raise and grow your own food, connect with nature, and consume less while producing more!

*The Frugal Homesteader* is a fun, inspirational, and educational guide filled with a lifetime of learning that comes along with becoming a homesteader. Following dozens of successful families who have been motivated to make do, make new, and make more while saving money and living off the land, this book covers such topics as:

- Outfitting your garden
- Equipping your barn and outbuildings
- Protecting and providing for your animals
- Harvesting rainwater
- Heating with wood
- Foraging
- Producing more of what you need to thrive in harder times.

Whether you’re just starting out and looking for new, sustainable, and affordable ideas, approaches, and techniques, or you’re a small-scale farmer in regenerative agriculture, *The Frugal Homesteader* is the DIY manual to help you succeed.

**JOHN MOODY** is a homesteader and farmer, and is founder of Whole Life Services and CEO of Steader, an online video-based learning platform that brings the best practitioners to guide and inspire those who find the joy in raising and growing their own food. John speaks and presents at homesteading conferences and events and is a contributor to numerous magazines, journals, and websites. John, his wife, and their five children live, farm, and homestead on 35 acres in Kentucky.
DREAMS OF SELF-SUFFICIENCY, independence, and tranquility continue to pull in a new generation of modern homesteaders. While growing your own food and being in charge of your life is the source of much satisfaction, there are many challenges to living away from modern conveniences.

Written by an experienced modern homesteader who successfully made the leap, So You Want to Be a Modern Homesteader? offers an in-depth examination of what you need to consider before moving “back to the land.” Drawing from a deep well of experience, this essential guide covers:

- Romance versus the reality of rural living
- Finding the right property
- Building versus bootstrapping
- Practical “must-have” skills
- Earning an income and farming on a budget
- Creating community
- Seasonal living
- Children and schooling
- Social media, the internet and rural life.

Whether you are dreaming of moving to the country for peace and an escape from the daily grind, to provide a different lifestyle for your children, or you’re already long-established in the country, this complete and realistic guide is the essential resource to help you achieve success as a modern homesteader.

KIRSTEN LIE-NIELSEN is a writer and farmer restoring a 93-acre farm. Her homestead has grown to include encompass geese, goats, chickens, bees, ducks, and extensive vegetable and herb gardens. Kirsten shares her experiences in Grit, Mother Earth News, Backyard Poultry, and Hobbyfarms.com. Kirsten is the author of The Modern Homesteader’s Guide to Keeping Geese and the hostilevalleyliving.com blog. She lives on a farm with her partner in Liberty, Maine.
FARMING WITHOUT TILLING has long been a goal of agriculture, yet tilling remains one of the most dominant paradigms; almost everyone does it. But tilling kills beneficial soil life, burns up organic matter, and releases carbon dioxide. If the ground could instead be prepared for planting without tilling, time and energy could be saved, soil organic matter increased, carbon sequestered, and dependence on machinery reduced.

The Organic No-Till Farming Revolution is the comprehensive farmer-developed roadmap showing how no-till lowers barriers to starting a small farm, reduces greenhouse gas emissions, increases efficiency and profitability, and promotes soil health. This hands-on manual offers:

- Why roller-crimper no-till methods don’t work for most small farms
- A decision-making framework for the four no-till methods: occlusion, solarization, organic mulches grown in place, and applied to beds
- Ideas for starting a no-till farm or transitioning a working farm
- A list of tools, supplies, and sources.

This is the only manual of its kind, specifically written for natural and small-scale farmers who wish to expand or explore chemical-free, regenerative farming methods.

ANDREW MEFFERD is editor of Growing for Market magazine. He has spent 15 years working on farms, including a year working on a no-till research farm, and 7 years in the research department at Johnny’s Selected Seeds. He consults widely with researchers and farmers on the best greenhouse growing practices, and is the author of The Greenhouse and Hoophouse Grower’s Handbook. He lives and farms in Cornville, Maine. www.andrewmeferd.com
Design and build a hoophouse or polytunnel, and grow abundant produce year-round in any climate

The Year-Round Hoophouse
Polytunnels for All Seasons and All Climates

PAM DAWLING

GROWING IN HOOPHOUSES – also known as high tunnels or polytunnels – reduces the impact of an increasingly unpredictable climate on crops, mitigates soil erosion, extends the growing season and keeps leafy greens alive through the winter, and enables growers to supply more regional food needs.

The Year-Round Hoophouse is a comprehensive guide to designing and building a hoophouse and making a success of growing abundant, delicious fresh produce all year, whatever your climate and land size. Chapters include:

► Hoophouse siting, size, style, frame construction, and tools
► Bed layout, soil, crop rotations, and extensive coverage of various crops for all seasons
► Organic solutions to pests and diseases
► Disaster preparation
► Tested resources for each chapter.

The Year-Round Hoophouse is ideal for farmers who wish to move into protected growing, as well as beginning farmers in rural and urban spaces. It is an essential reference resource for professors and students of courses in sustainable agriculture, as well as interns and apprentices learning on the job.

PAM DAWLING has been farming and providing training in sustainable vegetable production in a large variety of climates for over 40 years, 14 of which have been hoophouse growing, and is the author of the best-selling Sustainable Market Farming. She lives and grows at Twin Oaks community in Virginia.
RABBITS ARE ONE OF THE MOST sustainable, nutritious, and economic meat sources available. They can easily be raised in a variety of locations and climates, and require less space and infrastructure than many other species of livestock.

*Raising Rabbits for Meat* is the how-to guide to help you succeed in starting and running a home rabbitry for a steady source of meat or income. Coverage includes:

- The history of the domestic rabbit
- Information on breeding, housing, and harvesting
- Tools to help you succeed with your program
- An emphasis on heritage breeds.

*Raising Rabbits for Meat* provides a solid foundation for success in raising rabbits and is ideal for anyone interested in starting a small rabbitry for home use or to market rabbit meat as a business opportunity.

**ERIC AND CALLENE RAPP** have owned and operated the award-winning Rare Hare Barn since 2005, the largest heritage-breed meat-rabbit enterprise in the United States. What started as a simple desire to have more control over their own food supply quickly expanded into a unique business, supplying heritage breed fryers to local restaurants. They have over 50 years of combined experience handling nearly every species of domestic livestock, and are active members of The Livestock Conservancy. Callene is also a regular contributor to *Grit* Magazine. They live and farm in Leon, Kansas.
Produce your own milk, cheese, meat, fiber, fertilizer, and more

Raising Goats Naturally, 2nd Revised & Expanded Edition
The Complete Guide to Milk, Meat, and More

DEBORAH NIEMANN

INCORPORATING DAIRY GOATS INTO a diversified homestead can be the key to greater self-sufficiency. Responding to questions and concerns from readers from all over North America and beyond, this fully revised and expanded edition of *Raising Goats Naturally* will help readers work with nature to raise dairy goats to produce milk, cheese, meat, fertilizer, leather, fiber, and soap – all without relying on drugs or following the factory farm model.

By observing your own animals closely and educating yourself about their specific needs, you can create an individualized plan for keeping them healthy and maximizing their productivity. This unique, fully-illustrated guide will teach you to help your herd thrive with:

- breed-specific descriptions to help you choose the right goats for your goals and lifestyle
- detailed information on housing, fencing, breeding, health, milking, and nutrition
- complete recipes and instructions for making your own cheese, dairy products, and soap, as well as cooking with goat meat.

Packed with personal experiences and backed up by expert veterinary advice and scientific studies, *Raising Goats Naturally* brings together a wealth of practical information on raising goats for the love of it and using their milk and meat to become more self-reliant.

DEBORAH NIEMANN is a homesteader, writer and self-sufficiency expert who has raised livestock for over 16 years. The author of *Homegrown and Handmade* and *Ecothrift*, she presents extensively on skills for living a self-reliant life. She lives and farms with her family in Cornell, Illinois.
Discover your role in the $50-trillion “clean money” revolution that is bringing true prosperity to the world

The Clean Money Revolution
Reinventing Power, Purpose, and Capitalism

JOEL SOLOMON WITH TYEE BRIDGE

BY 2050, $50 TRILLION WILL CHANGE HANDS in North America in the largest generational wealth transfer ever. It will remake the world and be the biggest money-making opportunity in history.

“Business as usual,” founded on exploitation and environmental ruin, is over. Climate catastrophe, reactionary politics, and widening inequity have put the world on edge. Meanwhile innovations are shifting the economic ground, and an entire generation is pounding the table for real change. Capitalism is evolving into a force that can restore the planet, transform the global economy, and bring justice to people.

Joel Solomon, impact investor and change agent, lays it on the line. The Clean Money Revolution is part memoir of an inspiring thought leader’s journey from presidential campaigner to pioneering investor, part insider’s guide to the businesses remaking the world, and part manifesto for a new vision of profit, power, and purpose.

Meet some of the people behind this massive shift, and discover the role you can play in the $50-trillion movement toward true prosperity. A must-read for investors, wealth advisors, aspiring entrepreneurs, and all who want their values and money to work together to transform the future.

The Clean Money Revolution is on. Join it!

JOEL SOLOMON is Chairman of Renewal Funds, a $98 million mission venture capital firm. He has invested in over 100 early growth-stage companies, delivering above-market returns while catalyzing positive social and environmental change.

TYEE BRIDGE is an award-winning, Vancouver-based writer focusing on change-makers, ecological issues, and the power of story.
Learn how to formulate and ask penetrating, paradigm-shifting questions for successful outcomes in any conflict

The Mediator’s Toolkit
Formulating and Asking Questions for Successful Outcomes

GERRY O’SULLIVAN

Knowing how to formulate and ask incisive questions to get to the core of a conflict, challenge entrenched thinking, and shift perspectives are the main challenge for mediators and the key to successful conflict resolution.

The Mediator’s Toolkit employs the author’s powerful “S Questions Model,” to provide readers with the skills and tools to develop and ask strategic questions that result in successful outcomes in any context. The S Questions Model toolkit dives into four dimensions of successful questions for mediation: the subject matter dimension, the structure dimension, the information seeking dimension, and the shifting thinking dimension. The toolkit clearly explains:

- The theory behind each question type, including exploration of relevant neuroscience and psychology
- The purpose of different types of questions
- How the questions work
- When to use different types of questions
- How to build and apply questions to mediation in a non-threatening way.

This essential practical guide will radically sharpen, focus, and improve the questioning skills of qualified mediators, students, lecturers, trainers, and those using questions to challenge and effect change, in any context.

GERRY O’SULLIVAN is a mediator, trainer and facilitator with over 30 years’ experience in conflict resolution and training. She’s a practitioner-member of the Mediators’ Institute of Ireland (MII), a member of the US-based Mediators Beyond Borders Consultants Team, and has delivered training with Lawyers Without Borders. Gerry is Director of O’Sullivan Solutions and she lives on the southwest coast of Ireland.
Unfetter and unclutter your life by learning how and why to transition to a tiny home

**A Tiny Home to Call Your Own**

*Living Well in Just-Right Houses*

**PATRICIA FOREMAN**

*DO YOU FEEL AS THOUGH* you’re living in an expensive and ill-fitting home filled with too much stuff? Do you have too much space filled with too many things, constantly dealing with house maintenance and financial upkeep? Living in a tiny home could be the solution. But how do you know?

Tiny house guru Pat Foreman examines the hows and whys of tiny-home living, to help you assess whether it’s the right solution for you. *A Tiny Home to Call Your Own* examines:

- The many uses of tiny homes for all age groups and different socio-economic levels
- How smaller homes can buy you time, financial freedom, and an unfettered lifestyle
- Stuff-ology: understanding what things do and do not serve you
- Ecology and the Tiny House Movement
- Pre-existing tiny house communities.

From newlyweds to empty-nesters, downsizers to retirees, and everyone in between, *A Tiny Home to Call Your Own* will help you to find and create the living space and housing you love and that will serve you and your future.

**PAT FOREMAN** is a pharmacist, sustainable agricultural activist, local foods advocate, and popular speaker. She was a class A contractor in Virginia for 7 years and co-owned the United States’ first tiny-house construction company. Pat has been widely published in major national magazines including *Mother Earth News, Backyard Poultry*, and *BackHome Magazine*, and is a popular guest on local and national radio and television talk shows. She currently lives in her own tiny home in Richmond, Indiana.
Design a rainwater harvesting system for any home in any climate

Essential Rainwater Harvesting
A Guide to Home-Scale System Design

ROB AVIS AND MICHELLE AVIS

Water is a crucial resource increasingly under stress. Yet rainfall, even in arid climates, can make up a sizable portion of any home, acreage or farm water budget if harvested and utilized with care. The key is high quality site-specific design and sensible maintenance.

Essential Rainwater Harvesting is a comprehensive manual for designing, building, and maintaining water harvesting systems for the warm and cold climates of the world. Presenting considerations for the most common household rainwater supply scenarios – primary, supplemental and off-grid – this step-by-step approach covers:

- Planning for full-property water security
- Guidance on navigating regulatory requirements
- Templates for building your own spreadsheet-based calculation tool
- Site-specific planning and spatial layout
- Materials and component design and selection
- System maintenance and upkeep.

Incorporating the latest independent research, this practical resource provides DIYers, trades, and rainwater practitioners with the essential tools, methods and technical know-how to design and confidently build and maintain rainwater harvesting systems that produce quality water without necessarily the need for end-of-line disinfection or sterilization.

Rob Avis, P.Eng and Michelle Avis, P.Eng own and operate Adaptive Habitat, a leading edge property design firm for resilient homes, acreages, and farms and Verge Permaculture, a globally recognized award-winning education business. They have over 20 years of combined experience in project management, ecological design, and sustainable technologies, which they share at vergepermaculture.ca from their suburban house and yard that they’ve transformed into a model of cold climate urban permaculture in Calgary, Alberta.
From wastestream to mainstream, a practical guide to composting toilet systems

Essential Composting Toilets
A Guide to Options, Design, Installation, and Use

GORD BAIRD AND ANN BAIRD

Composting toilets are a key feature for local resilience, money saving, water conservation, resource recovery, septic system replacement, and an improved bathroom experience in rural and urban buildings.

Essential Composting Toilets is a streamlined manual that takes a practical, how-to approach to composting toilet system selection, design, installation, and operation, while meeting universal health and safety objectives. Drawing from existing regulations and research, this book dispels myths and provides tools to assess various systems. It includes:

► Easily-understood drawings, plans, and photos
► Coverage of all main composting toilet systems
► Selection criteria including site considerations, urine separation pros/cons, renovations/new builds, ventilation, servicing, and composting details
► Design and installation details.

Offering a professional approach accessible to DIYers, homeowners, designers, building consultants, water conservation advocates, and regulators, Essential Composting Toilets provides key information for redesigning toilet systems anywhere in the world.

GORD BAIRD, BA, ARCSA AP AND ANN BAIRD, BSC are the co-creators, designers, and builders of the award winning Eco-Sense home, the first internationally recognized Living Building Challenge petal residential project. Gord is the Water Commissioner for the Capital Regional District’s regional Water Supply Commission and Juan de Fuca Water Distribution Commission, and was a technical editor for the BC Ministry of Health’s Manual of Composting Toilets and Greywater Standard Practices (2016). Ann works on regional climate action initiatives involving water, food, and energy resiliency in climate adaptation and risk management. They currently give tours of their eco-sense permaculture homestead in Victoria, BC. www.eco-sense.ca.
Everything you need to know to build with rammed earth in warm and cold climates

Essential Rammed Earth Construction
The Complete Step-by-Step Guide

TIM KRAHN

Rammed earth — sand, gravel, and clay or lime/cement binder packed into forms — is a low-energy, high-performance building method, yielding beautiful, sustainable results. It’s thermally stable and can be insulated, can actively modulate humidity, provides a healthy indoor environment, and allows site materials to be used for major structural and building envelope elements.

Essential Rammed Earth Construction covers design, building science, tools, and step-by-step building methods for any climate, with a special emphasis on building in cold climates of the northern US, Canada, and northern Europe. Coverage includes:

- Overview of earthen building
- Appropriate use of rammed earth walls
- Stabilized versus raw rammed earth
- Design considerations, including structural, insulation, and building envelope details
- Special considerations for cold and freeze-thaw climates
- Construction drawings, with step-by-step building instructions
- Tools and labor covering industrial methods, low-tech techniques, formwork options, mix design, budgets, and schedules
- Codes, inspections, and permits.

This guide is an essential resource for experienced builders, DIY home owners, designers, engineers, and architects interested in learning about rammed earth construction.

TIM J. KRAHN, P. ENG. is a registered professional engineer and partner in Building Alternatives Inc., consulting engineers specializing in non-conventional structural and building envelope design. He holds a masters degree in geotechnical engineering, a bachelors degree in civil engineering, is a founding member of the Natural Building Engineering Group, and is the chair of the Ontario Natural Building Coalition. He currently resides in Ontario, Canada.
The Ever Curious Gardener
Using a Little Natural Science for a Much Better Garden
LEE REICH
The Ever Curious Gardener is an irreverent romp through the natural science of plants and soil, ideal for newer gardeners moving beyond back-of-the-seed-pack planting to experienced gardeners whose curiosity at the wonders of cultivation grows deeper and stronger with each season.

6 x 9” / 224 Pages / B&W Photos & Illustrations
US/Can $18.99
PB ISBN 978-0-86571-882-1

Backyard Bounty – Revised & Expanded 2nd Edition
The Complete Guide to Year-round Gardening in the Pacific Northwest
LINDA GILKESON
Packed with a wealth of information specific to the Pacific Northwest, this complete guide emphasizes low-maintenance methods, covers problems related to common pests and climate concerns, includes a monthly garden schedule for year-round planting and harvesting, and features plant profiles for everything from apples to zucchini.

7.5 x 9” / 384 Pages / B&W Photos & Illustrations
US/Can $29.99
PB ISBN 978-0-86571-841-8

Climate-Wise Landscaping
Practical Actions for a Sustainable Future
SUE REED & GINNY STIBOLT
Climate change is happening and we're already seeing warmer winters, hotter summers, and more extreme storms. Based on decades of experience, this book is packed with simple, practical steps anyone can take to beautify any landscape or garden, while helping protect the planet and the species that call it home.

7.5 x 9” / 320 Pages / Full color
US/Can $29.99
PB ISBN 978-0-86571-888-3

From No-knead to Sourdough
A Simpler Approach to Handmade Bread
VICTORIA REDHED MILLER
Inspires the beginner and the accomplished baker alike to find their own comfort zone and move on to new skills when they are ready. Pizza and bagels, flatbreads and loaf breads, even gluten-free breads – you become the artisan when you make your own bread.

7.5 x 9” / 288 Pages / B&W Photos / 8 page color section
US/Can $29.99

Wild Mushrooms
From Forest to Table
ALAN MUSKAT
Uniquely down to earth and entertaining, Wild Mushrooms addresses the most common misconceptions about mushrooms, as well as many questions left unanswered by the top-selling identification books. Instead, Muskat covers important nuances like the difference between “poisonous” and “not edible,” or “edible” and “edible with caution.”

7.5 x 9” / 208 Pages / B&W Photos & Illustrations
US/Can $24.99

DIY Kombucha
Sparkling Homebrews Made Easy
ANDREA POTTER
Does away with specialist jargon and expensive or hard-to-find equipment, showing how sparkling homebrews from kombucha to water kefir are definitely possible for just about anyone to make, and have fun doing it.

Urban Homestead Hacks Series
7.5 x 9” / 144 Pages / Full color
US/Can $29.99
PB ISBN 978-0-86571-887-6
Changemakers
*Embracing Hope, Taking Action, and Transforming the World*
FAY WELLER & MARY WILSON
The guidebook for ordinary people aiming to create a more just and ecological society. Explores transformative learning and presents powerful stories of everyday people who have transformed their lives, communities, and wider society. Presents practical tools to get started.

6 x 9” / 208 Pages / B&W Photos
US/Can $17.99

Mudgirls Manifesto
*Handbuilt Homes, Handcrafted Lives*
THE MUDGIRLS NATURAL BUILDING COLLECTIVE
This is a tale of rebel women, grassroots self-governance, and community-building in the face of the machine. Part incendiary political and economic tract, part practical yet irreverent guide to building sensible cob and earthen homes for real people, Mudgirls Manifesto is about respecting the earth and each other, and crafting meaningful lives.

7.5 x 9” / 192 Pages / Full Color
US/Can $29.99

Intrinsic Hope
*Living Couragiously in Troubled Times*
KATE DAVIES
FOREWORD BY VICKI ROBIN
Maintaining hope is difficult in a world that is falling apart. Intrinsic Hope offers a powerful antidote to despair, showing how to free ourselves from the false hope that the world will conform to our expectations and how to cultivate “intrinsic hope,” a positive approach based on trusting life. Presents six mindful habits for hopeful living in troubled times.

6 x 9” / 208 Pages
US/Can $18.99
PB ISBN 978-0-86571-867-8

Cracking the Boy Code
*How to Understand and Talk with Boys*
ADAM COX
Drawing on thousands of hours of one-on-one counseling to explain boys’ psychological needs and how to use specific, clearly explained techniques for effective communication. Includes the crucial role of non-verbal cues, motivating boys to become their authentic selves and developing esteem and confidence through purposeful work.

6 x 9” / 160 Pages
US/Can $18.99
PB ISBN 978-0-86571-876-0

The Power Manual
*How to Master Complex Power Dynamics*
CYNDI SUAREZ
Explores major concepts of power, with a focus on the dynamics of domination and liberation. The first part weaves together leading thinking on power and looks at how it is deployed and transformed in society. The back end provides practical workshop exercises for learning how to shift power relations.

7.5 x 9” / 176 Pages / B&W Illustrations
US/Can $19.99

In the Business of Change
*How Social Entrepreneurs are Disrupting Business as Usual*
ELISA BIRNBAUM
Chronicles how social entrepreneurs weary of waste and injustice are using business savvy to tackle challenges in their communities. Part story-telling, part lessons learned, this book is for everyone who wants to rebuild their communities and believes that business can be a powerful, positive force for change.

6 x 9” / 192 Pages / B&W Photos
US/Can $17.99
An Economy of Well-Being
Common-Sense Tools for Building Genuine Wealth and Happiness
MARK ANIELSKI
In *An Economy of Well-Being*, author Mark Anielski presents a practical guide for building a new economy of well-being to help communities and nations become more flourishing and happier places to live. *An Economy of Well-Being* responds to a common yearning for common-sense tools to orient our lives, our businesses, and our communities towards well-being. This is ideal reading for anyone who wishes to contribute to building happier, more mindful communities, and ultimately lives of joy and meaning.

6 x 9” / 240 PAGES
US/Can $19.99

Essential Earthbag Construction
*The Complete Step-by-Step Guide*
KELLY HART
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<td><strong>Educating for Action</strong></td>
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Aquaponic Gardening ........................... 23
The Art of Focused Conversation .......... 26
The Art of Natural Building—Revised & Updated .... 27
The Art of Plant-based Cheesemaking ... 23
The Art of Social Enterprise ................. 25
Backyard Biodiesel ....................... 23
Backyard Bounty – Revised & Expanded 2nd Edition ............. 18
Beautiful Corn .................................. 23
Becoming the Kind Father ................. 22
Being the Change .............................. 21
Being the Change DVD ....................... 21
Better NOT Bigger ............................. 28
The Better World Handbook—Updated .... 26
The Big Book of Nature Activities .......... 22
The Big Swim .................................... 22
The Biochar Solution ........................... 21
The Biology of Wonder ....................... 21
Bioshelter Market Garden ..................... 24
Bokashi Composting ......................... 23
Building Natural Ponds ....................... 25
Building with Awareness ..................... 27
Catch the Fire .................................. 22
Chiva ............................................. 21
The Clean Money Revolution .............. 12
Changemakers .................................. 19
Choosing a Sustainable Future ............ 21
Climate-Wise Landscaping ................... 18
College without High School .............. 22
The Color of Food ............................... 23
Coming Back to Life — Updated Edition ... 26
Common Threads ............................... 21
The Compassionate Hunter’s Guidebook ... 21
Conceiving Healthy Babies ................. 24
Consensus-Oriented Decision-Making .... 26
Cordwood Building — Fully Revised Second Edition ................ 27
Cracking the Boy Code ....................... 19
Craft Distilling ................................ 23
Creating a Life Together ..................... 21
Creating Cohousing ........................... 21
Creating Wealth ................................ 25
Crossing the Rubicon ......................... 21
Culture Gap ..................................... 21
Dark Age America ............................. 26
Decline and Fall ............................... 21
Depletion and Abundance ................... 26
DIY Kombucha ................................ 18
Doing Democracy .............................. 26
Dry Run .......................................... 23
Dude Making a Difference .................. 26
Dumbing Us Down — 25th Anniversary Edition ..................... 22
Earthbag Building ............................. 27
Earth Repair .................................... 21
Earth-Sheltered Houses ....................... 27
Earthen Floors .................................. 27
Eat Your Greens ............................... 23
Eating Fossil Fuels ............................ 21
EcoCities ......................................... 21
An Economy of Well-Being .................. 20
The EcoNest Home ............................. 27
The Ecotechnic Future ......................... 21
Ecotechnity ..................................... 26
EcoVillage at Ithaca ............................ 21
Educating for Action ........................... 26
The Emergent Agriculture ................. 25
The Empowerment Manual ................... 26
The End of Growth ............................. 25
Energy-Wise Landscape Design ............. 23
Essential Building Science ................. 27
Essential Composting Toilets .............. 16
Essential Earthbag Construction ........... 20
Essential Hempcrete Construction ........ 27
Essential Light Straw Clay Construction ... 27
Essential Natural Plasters ................... 20
Essential Prefab Straw Construction .... 27
Essential Rainwater Harvesting ........... 15
Essential Rammed Earth Construction .......... 17
Essential Sustainable Home Design ........ 27
The Ethical Meat Handbook ................. 23
The Ever Curious Gardener .................. 18
Everyone Wins! ............................... 22
Evolution’s Edge ............................... 22
The Farmers Market Cookbook .......... 23
The Farmer’s Office ........................... 25
The Farm Then and Now ...................... 21
Farmstead Chef ................................ 23
Field Exercises ................................. 24
Finding Community ........................... 21
A Finer Future .................................. 3
The Five Stages of Collapse ................. 22
Fixing Fashion ................................. 26
The Food Forest Handbook ................. 23
The Food Lover’s Garden ..................... 23
Food Security for the Faint of Heart ........ 24
Fostering Sustainable Behavior — Revised Ed ............. 27
Freedom to Learn .............................. 20
From Container to Kitchen ................... 24
From No-Knead to Sourdough .............. 18
The Frugal Homesteader ..................... 6
Gardening When it Counts .................... 24
Green Home Building ....................... 27
Green Remodeling ............................ 28
Green Wizardry ................................. 26
Growing and Marketing Ginseng, Goldenseal and other Woodland Medicinals ........ 25
Grow a Sustainable Diet ...................... 24
Grow Create Inspire ........................... 22
Guerrilla Gardening ......................... 24
Heal Local ....................................... 24
The Heart of Sustainability ................. 22
Hollyhock Cooks ............................... 24
Hollyhock: Garden to Table .................. 24
Home! ............................................. 28
Homegrown & Handmade — Revised & Expanded Second Edition ........ 25
Homemade for Sale ............................ 25
Housing Reclaimed ............................ 28
Humanizing the Economy .................... 25
I-Minds .......................................... 22
I’m Right and You’re an Idiot .................. 22
In the Business of Change ................. 19
<table>
<thead>
<tr>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Integral Urban House</td>
<td>28</td>
</tr>
<tr>
<td>The Intelligent Gardener</td>
<td>24</td>
</tr>
<tr>
<td>The Interfaith Alternative</td>
<td>27</td>
</tr>
<tr>
<td>Intrinsic Hope</td>
<td>19</td>
</tr>
<tr>
<td>Invest Like You Give a Damn</td>
<td>25</td>
</tr>
<tr>
<td>The Joy of Conflict Resolution</td>
<td>27</td>
</tr>
<tr>
<td>The Joy of Missing Out</td>
<td>27</td>
</tr>
<tr>
<td>Keeping the Peace</td>
<td>22</td>
</tr>
<tr>
<td>Landscape Urbanism and its Discontents</td>
<td>21</td>
</tr>
<tr>
<td>Less is More</td>
<td>27</td>
</tr>
<tr>
<td>Liquid Gold</td>
<td>24</td>
</tr>
<tr>
<td>Living in the Shadow of the Cross</td>
<td>27</td>
</tr>
<tr>
<td>Magnifico</td>
<td>27</td>
</tr>
<tr>
<td>Making a Living While Making a Difference</td>
<td>27</td>
</tr>
<tr>
<td>Making Better Buildings</td>
<td>28</td>
</tr>
<tr>
<td>Making Home</td>
<td>26</td>
</tr>
<tr>
<td>The Making of an Elder Culture</td>
<td>27</td>
</tr>
<tr>
<td>The Market Gardener</td>
<td>25</td>
</tr>
<tr>
<td>Mastering Basic Cheesemaking</td>
<td>24</td>
</tr>
<tr>
<td>The Mediator’s Toolkit</td>
<td>13</td>
</tr>
<tr>
<td>The Memory We Could Be</td>
<td>4</td>
</tr>
<tr>
<td>Microhydro</td>
<td>23</td>
</tr>
<tr>
<td>The Modern Homesteader’s Guide to Keeping Geese</td>
<td>25</td>
</tr>
<tr>
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<td>27</td>
</tr>
<tr>
<td>More Straw Bale Building</td>
<td>28</td>
</tr>
<tr>
<td>Mudgirls Manifesto</td>
<td>19</td>
</tr>
<tr>
<td>My Name is Chellis and I’m in Recovery from Western Civilization</td>
<td>28</td>
</tr>
<tr>
<td>Mycelial Mayhem</td>
<td>24</td>
</tr>
<tr>
<td>The Natural Child</td>
<td>22</td>
</tr>
<tr>
<td>The New Carbon Architecture</td>
<td>28</td>
</tr>
<tr>
<td>A New Garden Ethic</td>
<td>24</td>
</tr>
<tr>
<td>Not Just a Pretty Face</td>
<td>24</td>
</tr>
<tr>
<td>Occupy Money</td>
<td>25</td>
</tr>
<tr>
<td>The Organic No-Till Farming Revolution</td>
<td>8</td>
</tr>
<tr>
<td>Our Ecological Footprint</td>
<td>27</td>
</tr>
<tr>
<td>Peak Everything</td>
<td>22</td>
</tr>
<tr>
<td>The Permaculture Earthworks Handbook</td>
<td>25</td>
</tr>
<tr>
<td>Permaculture for the Rest of Us</td>
<td>25</td>
</tr>
<tr>
<td>The Permaculture Handbook</td>
<td>25</td>
</tr>
<tr>
<td>The Permaculture Market Garden</td>
<td>25</td>
</tr>
<tr>
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<td>25</td>
</tr>
<tr>
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<td>27</td>
</tr>
<tr>
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<td>23</td>
</tr>
<tr>
<td>Plowing with Pigs</td>
<td>25</td>
</tr>
<tr>
<td>The Power and Promise of Humane Education</td>
<td>22</td>
</tr>
<tr>
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</tr>
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</tr>
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<td>19</td>
</tr>
<tr>
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<td>26</td>
</tr>
<tr>
<td>Prescriptions for a Healthy House</td>
<td>28</td>
</tr>
<tr>
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<td>24</td>
</tr>
<tr>
<td>Pure Poultry</td>
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</tr>
<tr>
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</tr>
<tr>
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<td>11</td>
</tr>
<tr>
<td>Raising Rabbits for Meat</td>
<td>10</td>
</tr>
<tr>
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</tr>
<tr>
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<td>21</td>
</tr>
<tr>
<td>Reinveting Collapse — Revised</td>
<td>22</td>
</tr>
<tr>
<td>Reinveting Green Building</td>
<td>28</td>
</tr>
<tr>
<td>The Resilience Imperative</td>
<td>26</td>
</tr>
<tr>
<td>Resilient Agriculture</td>
<td>25</td>
</tr>
<tr>
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<td>26</td>
</tr>
<tr>
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<td>23</td>
</tr>
<tr>
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<td>25</td>
</tr>
<tr>
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<td>28</td>
</tr>
<tr>
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</tr>
<tr>
<td>The Scoop on Poop</td>
<td>28</td>
</tr>
<tr>
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</tr>
<tr>
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</tr>
<tr>
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<td>24</td>
</tr>
<tr>
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<td>22</td>
</tr>
<tr>
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<td>21</td>
</tr>
<tr>
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<td>23</td>
</tr>
<tr>
<td>Shrinking the Technosphere</td>
<td>22</td>
</tr>
<tr>
<td>Simply Imperfect</td>
<td>28</td>
</tr>
<tr>
<td>Slow is Beautiful</td>
<td>21</td>
</tr>
<tr>
<td>Soil Sisters</td>
<td>25</td>
</tr>
<tr>
<td>The Solar Food Dryer</td>
<td>24</td>
</tr>
<tr>
<td>Solar Water Heating — Revised &amp; Expanded</td>
<td>23</td>
</tr>
<tr>
<td>Somebodies and Nobodies</td>
<td>27</td>
</tr>
<tr>
<td>So You Want to Be a Modern Homesteader</td>
<td>7</td>
</tr>
<tr>
<td>Stepping Lightly</td>
<td>28</td>
</tr>
<tr>
<td>Stoneway</td>
<td>28</td>
</tr>
<tr>
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<td>25</td>
</tr>
<tr>
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<td>25</td>
</tr>
<tr>
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<td>26</td>
</tr>
<tr>
<td>Teaching Green: The Elementary Years</td>
<td>22</td>
</tr>
<tr>
<td>Teaching Green: The High School Years</td>
<td>22</td>
</tr>
<tr>
<td>Teaching Green: The Middle Years</td>
<td>22</td>
</tr>
<tr>
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<td>22</td>
</tr>
<tr>
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<td>21</td>
</tr>
<tr>
<td>The Thinking Beekeeper</td>
<td>24</td>
</tr>
<tr>
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<td>28</td>
</tr>
<tr>
<td>Thriving Beyond Sustainability</td>
<td>26</td>
</tr>
<tr>
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</tr>
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</tr>
<tr>
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</tr>
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</tr>
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</tr>
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</tr>
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</tr>
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<td>24</td>
</tr>
<tr>
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</tr>
<tr>
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<td>26</td>
</tr>
<tr>
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</tr>
<tr>
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<td>28</td>
</tr>
<tr>
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<td>28</td>
</tr>
<tr>
<td>Wind Power Basics</td>
<td>23</td>
</tr>
<tr>
<td>Wild Mushrooms</td>
<td>18</td>
</tr>
<tr>
<td>Win-Win Mushrooms</td>
<td>22</td>
</tr>
<tr>
<td>Worms Games for All Ages</td>
<td>22</td>
</tr>
<tr>
<td>The Workshop Book</td>
<td>26</td>
</tr>
<tr>
<td>Worms at Work</td>
<td>24</td>
</tr>
<tr>
<td>The Year-Round Hoophouse</td>
<td>9</td>
</tr>
<tr>
<td>The Year-Round Solar Greenhouse</td>
<td>24</td>
</tr>
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